

## Helen Williams BA (Hons)

Helen is a trained Theatre Director, LAMDA Examiner and Acting Coach. She began her career at Wimbledon Theatre, moving on to the Lyric, Hammersmith where she directed her first professional production. She then moved on to The West Yorkshire Playhouse in Leeds where she enjoyed working on everything from *The Crucible* to *Little Shop of Horrors*. She loved her time in the North. Back in London she combined acting with directing, appearing in a Dulux commercial and another for Ross Foods directed by Ken Russell. She appeared in two BBC dramas with Stephen Fry, and several ITV comedies including *No Place Like Home*. Currently Helen examines worldwide for LAMDA and teaches the LAMDA syllabus to her own students. She coaches actors of all ages and prepares young actors for Drama School and the National Youth Theatre.